

Voluntary Action Angus

Weekly Bulletin

2nd February




Third Sector Interface



This weeks content covers:

Office space to rent!
Adult Support and Protection Day
Community groups
Volunteering opportunities
Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.



VOLUNTARY ACTION ANGUS

Serviced office space available to rent!

We have a serviced office space available for a Third Sector organisation/ community group to rent. This space is situated on the first floor of Angus Third Sector Centre at 5-7 The Cross, Forfar.

Any equipment in the photographs are not included but some of the furniture may be.

The room has access to:

- Kitchen facilities
- Toilets
- Parking
- Wifi



View photographs of the room [here](#).

For more information and to enquire, email info@voluntaryactionangus.org.uk

ALZHEIMER SCOTLAND

What's on February - Angus groups

The Alzheimer Scotland Angus community groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends.

Find out what's on at the Alzheimer Scotland Angus groups throughout February [here](#).



ANGUS COUNCIL

Can you offer a fully funded paid work placement opportunity?

RESTART is an employability programme which will support the provision of paid (real living wage) work placements for individuals who face barriers to employment. Throughout the placement key worker support will be provided by Angus Council's Skills and Employability team and it is hoped that during their placement participants will gain the skills, knowledge, experience and training to enable them to move towards a positive destination.

The programme supports Angus residents who are aged over 20, who are not in education or training and who have been unemployed for more than six months.

Placement requirements:

- a minimum of 16, maximum of 30 hours per week;
- entry level position;
- flexible to meet the needs of the individual, i.e. term time, less hours for longer;
- supernumerary (not substituting, replacing or displacing existing staffing or recruitment);
- work based rather than home based to ensure that in-work support can be provided;

All salary and employer on-costs will be fully covered.

A wide variety of placements means that we can best match participants with a placement which interests them e.g. domestic assistant, kitchen assistant, retail, admin, ground worker – the list is endless!

If you can offer a fully funded paid work placement or if you know someone who fits the criteria and would be interested in participating on the programme, please contact Michelle in Angus Council's Skills & Employability team on **StewartM1@angus.gov.uk**



LOCAL ENERGY SCOTLAND

Help for your street with low carbon heat

Do you have an idea for a climate-friendly way to heat your community?

If you want your community to go low carbon, support is available from The Scottish Government's Community Heat Development Programme. Delivered by Local Energy Scotland, it supports communities (including groups of householders and community organisations) to develop their ideas for locally-generated, low and carbon heat projects.

Successful applicants will receive technical support to consider the feasibility of their project idea and will give advice on next steps, including any potential routes for further funding.

Find out more about the Community Heat Development Programme and submit an expression of interest [here](#).



NHS TAYSIDE

Community Cookit

Are you an organisation thinking about running cooking groups in the New Year?
Are you Interested in cooking, nutrition, hygiene and food safety?

Then come join us and become a Community Cookit Coach!

Where and when?

- Community Cookit Practical Day on Tuesday 6 February at Forfar Community Campus from 9.15am-3.30pm
- REHIS Food & Health on 20 March from 9am - 4pm at Russel Square, Arbroath

To book a free place or for more information, please contact nadya.ross@nhs.scot



ANGUSALIVE

Signal Space Community Garden and Courtyard Cafe

Please join us for an informal update on this exciting project and find out how you and your community group can get involved.

Where and when?

Monday 5 February from 10.30am-12pm at Signal Tower Museum, Arbroath

RSVP: susan.curran@angusalive.scot



POLICE SCOTLAND

February Cyber Byte

This month's Cyber Byte includes a brief awareness piece on the types of methods cyber criminals use to crack passwords. To mitigate that vulnerability, we have included considerations for you and links to our trusted partner.

Read the February Cyber Byte [here](#).



ANGUS WOMEN'S AID

Limitless Project

The Limitless Project provides confidential domestic abuse advocacy to girls and young women in Angus aged 13-25 in their local community regardless if they are still with their partner or not.

The Limitless Project offers a 13-stage domestic abuse recovery plan, which is person centered, based on the girl or young woman's priorities.

All referrals can be made on our website [here](#) (click the Limitless tab).

Enquiries can be made by contacting Susie on **01241 439437** or emailing susie@anguswomensaid.co.uk



PROTECTING PEOPLE ANGUS

Adult Support and Protection Day - Newsletter

Adult Support and Protection Day is on 20 February 2024. You can find out what events and training opportunities are being organised by a variety of organisations across Angus in our newsletter [here](#).

Please sign up for as many as you can.



SANDS

Saving babies' lives, Supporting bereaved families



At Sands, we understand how devastating it is when a baby dies as many of us have been through the experience ourselves.

We know that everyone grieves differently and there is no right or wrong way to grieve. Each person needs different types of support and this can change over time.

Some people may be happy to talk, others might take comfort from quietly reading about others experiences, while some may prefer to meet face to face and share their experience.

Find out more about us and how we offer support [here](#).

ANGUS HEALTH AND SOCIAL CARE PARTNERSHIP

We need to hear from you!

Day opportunities are services and activities for adults with support and/or care needs and offer people the chance to take part in activities to meet their agreed personal support outcomes and remain independent.

We would like to gather your views regarding current and future day opportunities across Angus.

We would be grateful if you could take the time to complete this online questionnaire [here](#).

The survey will close at **5pm** on **23rd February 2024**

If you require the survey in another format (e.g. paper copy) or another language please email tay.angushscp@nhs.scot or call **01307 492560**



Voluntary Services Befriender needed!

Angus Health and Social Care Partnership are looking for volunteer befrienders to support an allocated patient through engagement in a range of activities as part of an individual therapeutic plan.

Find out more and apply **here**.



NORTH ANGUS SCOUTS

55th North Angus Edzell Scout Group are urgently seeking volunteers!

The Edzell Scout Group is unfortunately on the brink of closure and we really need your help.

We are looking for a wide range of volunteers – from casual helpers to leaders, trainers, trustees and more.

Find more information and apply **here**.



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm** on **Wednesday 7th February**.

CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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