

Voluntary Action Angus

Weekly Bulletin

16th February

Voluntary Action  **ANGUS**


Third Sector Interface



This weeks content covers:

Something exciting is on the way!
New weekly health walk
Community Recovery Breakfast
Funding webinar
Volunteering opportunities
Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.



VOLUNTARY ACTION ANGUS

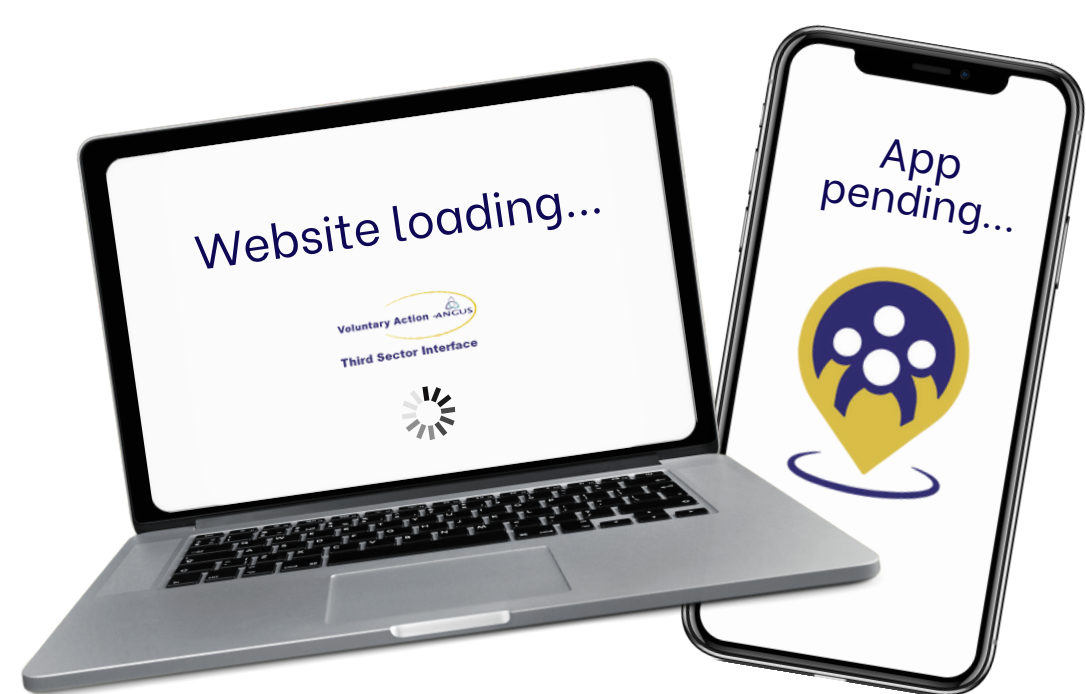
Something exciting is on the way!

We have something exciting on the horizon...keep a lookout on our social media for further announcements!

View the teaser video **here**.

Follow us on Facebook **here**.

Follow us on X **here**.



SHE SCOTLAND

International Women's Day

Join SHE Scotland in partnership with the Co-op for an informal session, chatting all things menstrual cycle. It's also an opportunity to pick up free period products and meet other local women.

Everyone is welcome and it is free to attend!

Where and when?

- Thursday 7th March at Voluntary Action Angus, 5-7 The Cross, Forfar from 11am-1pm
- Friday 8th March at Dibble Tree Theatre, Carnoustie from 11am-1pm

For more information, please contact **shescotland-krystastoneley@outlook.com**



AWARE

Is it even abuse mate? - boys research

Aware is a service in Angus who support children and young people aged 4-18 who have experienced or are still experiencing domestic abuse either at home or in their own intimate relationships.

By carrying out a small piece of research we were hoping to better understand the needs of boys aged 13-18 in Angus who may have experiences of domestic abuse in their own intimate relationships.

Throughout the month of February on the Angus Women's Aid social media pages, we will be posting regularly about the research and sharing some of the findings.

We are also running an online information session for professionals.

Where and when?

Thursday 22nd February from 3.45pm-4.45pm

Please contact info@anguswomensaid.co.uk to book a place.



HILLCREST FUTURES

Community Recovery Breakfast

Recovery focused breakfast drop-in lead by lived experienced drug and alcohol workers.

Where and when?

Every Tuesday from 10.30am-11.30am at East and Old Parish Church, Forfar

Pop along for a bacon roll, cuppa or a chat.

For more information call Louise on **07879 928292** or email lcrozier@hillcrestfutures.org.uk / Call Bruce on **07817 026054** or email bduncan@hillcrestfutures.org.uk



ANGUS COUNCIL

Active travel around Angus - Consultation

We want to make it easier for people to travel around Angus by foot, by bike or scooter.

We would like to hear your thoughts about proposals for active travel routes around Angus in the Barry, Brechin, Inchbare, Kirriemuir, Monifieth and Montrose areas.

We've been working with Systra Ltd looking at previous work in the community to develop proposals and initial concept designs. These are not set in stone. This is why we need your feedback!

We've surveys on our Engage in Angus website you can complete **here**.

Alternatively, come and see us in person at local events:

Kirriemuir

19th February at Kirriemuir Co-op, 10am-5.30pm

Barry

20th February at Barry Church Hall, 10am-5pm

Monifieth

21st February at Monifieth Library, 2pm-8pm

The survey results and in person session feedback will help us identify possible future projects we can look to deliver when funding available.



ANGUS CARERS CENTRE

CEO vacancy

Angus Carers Centre is a well-regarded and successful charity/organisation providing tailored information, advice, emotional and practical support to young people and adults who care for a relative or friend who, due to illness, disability, mental health conditions or addiction, could not manage without their care and support.

We are recruiting a CEO. The CEO is a critical role, directly responsible for developing and executing the internal operational strategies necessary to achieve the goals and objectives of the charity.

Find out more and apply [here](#).



CHEST HEART AND STROKE SCOTLAND

Arbroath COPD Support

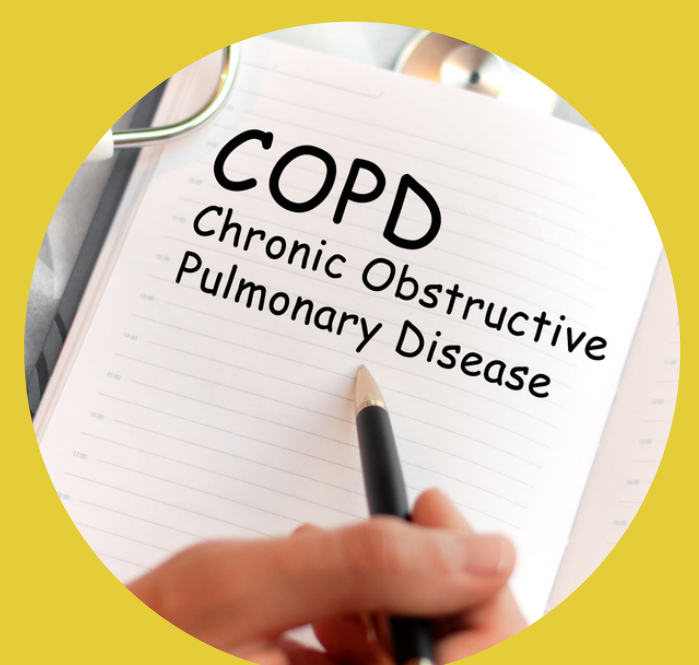
Are you living with COPD and looking for some support?

Come and join us at Arbroath COPD.

Where and when?

We meet on the first and third Friday of the month at The Masonic Hall, West Newgate, Arbroath

For more information, call Maureen on **01241 830592**



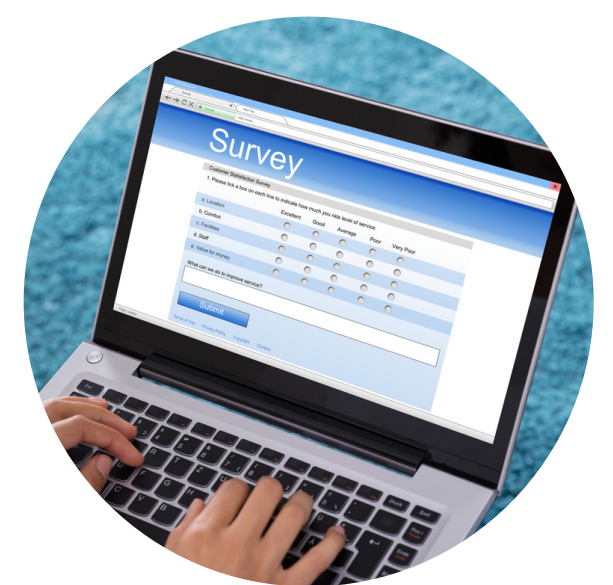
ANGUS HEALTH AND SOCIAL CARE PARTNERSHIP

Day Opportunities Survey - Staff/Professionals

Angus Health and Social Care Partnership aims to provide high-quality services to the people of Angus. We think it is important that everyone involved in these services has the chance to give their views and shape AHSCP services for the future.

Day opportunities include day care centres, groups and activities. Day opportunities are usually linked to activities in a building, sometimes called building based services or can be community-based groups.

Angus Health and Social Care Partnership wants to work with you to develop a framework of day opportunities. We would be grateful if you could take the time to complete this questionnaire **here**.



Adult Community Day Opportunities - Public Sessions

Have your say on the future of day opportunities in Angus. There are a range of ways to give us your feedback.

Where and when?

Voluntary Action Angus, 5-7 The Cross, Forfar:

2pm-4pm on Monday 19th February

The Montrose Playhouse, The Mall, Montrose:

2pm-4pm on Tuesday 20th February

Carnoustie Library, 21 High Street, Carnoustie:

10.30am-11.30am on Wednesday 21st February



Join our MS Teams Online Session: 6pm-8pm, Tuesday 20th February – join the meeting via our website **here**, under Get Involved – Consultations and Surveys.

If you are unable to attend these sessions, please complete our survey **here**.

EASYFUNDRAISING

Funding Webinar

Does your community organisation need additional funds? Come along to find out how your organisation can receive free unrestricted funding in 2024 via funding platform easyfundraising.


Suitable for: anyone involved in fundraising for good causes of all shapes and sizes including voluntary groups, CICs, social enterprises, churches, schools, sports clubs and charities.

When?

Thursday 22nd February from 12.30pm-1.15pm

Register via Zoom [here](#).

Find out more about easyfundraising [here](#).



How to tap into
unrestricted funding
for your community
organisation in 2024

ANGUSALIVE

New weekly health walk!

We are delighted to announce we are starting a new weekly health walk in Arbroath!

A free, short, low-level walk led by trained walk leaders. The walk is suitable for those who have been inactive and looking to get out, get some steps in and have a nice friendly chat with some new people.

Once we get back to the centre, there's the option to stay for a post walk cuppy and more chat.

Where and when?

Walks start at Saltire Sports Centre, Arbroath each Thursday at 10am, no pre-booking required - we hope to see you there!



ANGUS CLIMATE HUB

Dronley Wood Project - can you help?

Help us bring our vision to life and develop Dronley Community Woodland into a mixed woodland for the benefit of future generations. We'd love you to come along and help us in our vision of redeveloping this wood, making it resilient and diverse.

You can find out all the dates and details of what we'll get up to **here**.



DEAF ACTION

Could you be a Face to Face or Online Volunteer Befriender?

Deaf Action are looking for reliable and friendly Volunteer Befrienders who will support a deaf/hard of hearing person, online or in person to help build their confidence.

Find more information and apply **here**.



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm** on **Wednesday 21st February**.

CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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