Community Innovation Fund open for applications

NHS Tayside’s Community Innovation Fund is open for applications to fund community projects that will benefit the health and wellbeing of local communities across Tayside. Applications can be made for funding from as little as £500 up to £18,000 and a maximum 3 year application of £25,000.

The Community Innovation Fund, which builds on the work of the former cash4communities fund, aims to help community groups to develop local improvement projects that will benefit the health and wellbeing of their local population. The Fund is financed through the Tayside Health Fund, the charity for NHS Tayside.

Richard McIntosh, Community Capacity Building Officer with NHS Tayside and first point of contact for enquiries about the Fund said, “The Fund can really go to the heart of a community to make a difference, supporting local people to make decisions about the changes they want to see to help them improve the health, wellbeing and resilience of their own communities. Often people just need a little support and funding to get started, and that’s where we come in.”

“We have already helped over 100 projects right across Tayside that have benefited children, older people and carers with things like gardens, support groups, cafes and art projects to name but a few. I would really encourage anyone with an idea for a community improvement project to get in touch and see if we can help.”

The Community Innovation Fund hopes to support new, innovative projects which will work in partnership with communities in disadvantaged areas, promoting quality of life, overall health and wellbeing and creating a stronger sense of community and social relationships.

Community groups can apply for any amount between £500 and £18,000 on an annual basis to establish new and innovative projects.

Anyone interested in applying or finding out more information should visit the website www.communityinnovationfundtayside.scot.nhs.uk or contact Richard on 01382 596979.

The Fund has already supported
- Healthy Start Cafe in Angus
- Edzell Community Health Transport
- Coupar Angus Regeneration Trust
- Perth Creative Community Collaborative
- Perth Six Circle Project
- Pkavs - Young Carers project
- Ninewells Community Garden
- Dundee Healthy Living Initiative
- Forfar Open Garden Scheme
- Maxwelltown Information Centre
- Maryfield Men's Project (Boomerang)
**HEDLEY FOUNDATION**

The Hedley Foundation's main objective is young people - their education, recreation, support, training, health and welfare. There are also two subsidiary objectives - disabled people and the terminally ill. You must be a registered charity to apply.

Grants are for specific projects only and are usually up to a maximum of £5,000. Trustees meet six times a year and the closing date for applications is three weeks beforehand. Trustees will meet on 20 July, 14 September and 9 November 2016.


**B&Q WASTE DONATION SCHEME**

B&Q operates a waste donation scheme through all stores. They donate unsaleable products and waste materials for reuse by recognised community groups. They can donate items such as slightly damaged tins of paint, off-cuts of timber, broken tiles for mosaic projects.

Visit: [http://www.diy.com/corporate/community/waste-donation](http://www.diy.com/corporate/community/waste-donation) or visit a store. There are no deadlines.

**Launch of Comic Relief's New Core Strength Programme (UK)**

Comic Relief has launched a new £4 million fund that will provide core funding for charitable organisations in the UK that deliver services in one of Comic Relief's programme areas.

The Core Strength Programme is provided by Comic Relief. It is partly funded by HM Treasury's 'Tampon Tax' to help tackle the various issues that many women and girls face.

Through the Programme, Comic Relief wants to recognise the importance of local community organisations and the pivotal role they play across the UK.

For the first time Comic Relief is providing grants for core costs, which are defined as the core costs of running an organisation. This includes salaries, overheads and day-to-day running costs such as rent, heating and lighting. Grants can also be awarded to support specific work that will strengthen organisations for the future. This could include improving leadership and governance, or planning and development.

Grants of up to £40,000 over 24 months of activity (£20,000 each year) are available. It is expected that about 100 organisations will receive funding.

Charitable organisations in the UK are eligible to apply as long as they have a turnover of between £100,000 and £500,000. They must be delivering services in one of Comic Relief's programme areas (at least 75% of an organisation's activity must fit one of these themes):

- Investing in children and young people.
- Empowering women and girls.
- Improving health and wellbeing.
- Building stronger communities.


**The Organic Ambitions Fund is Now Accepting Applications**

The purpose of this funding scheme is to support the Scottish organic sector. This will be accomplished through strengthening the organic supply chain in Scotland and through further developing the existing action plan for Organic Ambitions 2016 - 2020.

Applicants need to be able to show how their project is in line with these intentions. Applications are welcome from voluntary organisations, charities and social enterprises as well as from those in the public and private sector.

The Scottish Government is looking for applicants who can demonstrate a track record of project development, coordination and delivery. Applicants must be able to develop their existing relationships within the organic supply chain and should have the capabilities to recognise and address critical gaps. There is a total fund amount worth £50,000 and there may be one or more winning applications.

Interested parties may download an application form from the Scottish Government website. The next deadline for this scheme will be 1 July 2016. Visit: [http://www.gov.scot/OrganicAmbitions](http://www.gov.scot/OrganicAmbitions)

**Speakeasy Facilitators Training Programme**

**Dates:**

- Friday 20th January 2017  9.15am to 4.30pm
- Friday 27th January 2017  9.15am to 4.30pm
- 2 further dates to be confirmed

**Venue:** Cairn Centre, Rattray Street, Dundee

Speakeasy Facilitators Training will enable you, either as a member of staff or as a volunteer, to deliver the Speakeasy course to parents and carers in your local community or work setting.

**Who is this training for?**

This training is suitable for people with some experience of group based working who are enthusiastic in supporting parents to talk with their children about growing up, relationships and sexual health.

As part of our project we are able to offer places on the training free of charge.

If you would like to become a Speakeasy facilitator as part of your current employment it is required that you have the support of your manager to complete the facilitator’s training and subsequent commitments. Facilitators are required to deliver or set up one Speakeasy course within one year of the training and to commit to delivering one course per year after this.

If you would like further information about Speakeasy or would like to book a place contact Linzi Mckerrecher, Speakeasy Co-ordinator

tel: 07920 503897, email lmckerrecher@nhs.net
Launched by: Inspiring Scotland

**Launch of the National Mentoring Scheme (NMS)**

Inspiring Scotland is delighted to be leading the development of Scottish Government’s National Mentoring Scheme, initially for children and young people who are looked after at home. It is planned to open the fund to applications by late summer.

**About the Scheme**

The national programme will initially support young people aged between 8 – 14 years who are looked after by their local authority and living at home. The programme recognises a young person’s need to have at least one long term relationship with a positive adult role-model. The disruption children face leading up to and on coming into the care system can make this difficult to achieve within a family setting.

Young people who chose to take part in the scheme will be carefully matched with a trained volunteer and together they will build a positive, trusting, supportive and secure relationship. Effective monitoring relationships have been shown to be long term, frequent and regular.

The quality of the programme will be critically important. For example, organisations which receive funding will be expected to have achieved or to work towards the attainment of either the Befriending Networks’ Quality in Befriending Award or the Scottish Mentoring Network’s Quality Award.

Funded organisations will receive on-going support from the National Mentoring Scheme and Inspiring Scotland across a range of issues, such as volunteer recruitment and training, and capacity building. They will also have the opportunity to take part in co-designing approaches to evaluation, and will be expected to take part in agreed evaluation and reporting processes, overseen by Inspiring Scotland.

New branding for the National Mentoring Scheme is currently underway. More information about the new brand including the programme name and launch date, will be confirmed soon.

**Eligibility for Funding**

OSCR registered organisations interested in applying for funding to support 8 – 14 year olds who are looked after at home will be encouraged to apply for funding though Inspiring Scotland late this summer. Organisations should consider now what new mentoring support they can offer this group.

Whilst the term mentoring is used to describe the programme because the relationship is intended to have a goal orientation, it is recognised that many organisations deliver this to children and young people within a befriending service.

Applications are therefore encouraged from voluntary organisations with experience of working with vulnerable groups, particularly vulnerable children and young people, and/or providing mentoring or befriending services. Applications from a wider field will also be considered.

The fund is not intended to act as replacement funding for any current support provided to a particular group of young people. Applications should therefore be for new or expanded services, which attract new children and young people into mentoring support. Applications will be expected to demonstrate a need based on the Scottish Government statistics for children looked after at home and an understanding of the experiences of these children. Local Authorities and other public bodies will not be eligible to apply for direct funding. However, applications from voluntary organisations working in partnership with a public body will be considered.

The online application process is planned to open by late summer with funding expected to be awarded in Quarter 4, 2016.

---

**SCCR NATIONAL SURVEYS 2016 - HaveYourSay**

Family arguments and disagreements are normal but if left unresolved they can have a devastating impact on health, well-being and life chances. In 2014-2015, 5,000 Scottish young people (the equivalent of 5 high schools) presented as homeless due to family relationship breakdown.

Cyrenians’ Scottish Centre for Conflict Resolution (SCCR) is Scotland’s first national resource promoting and supporting best practice in mediation, conflict resolution and early intervention. Our work is dedicated to helping young people, parents and professionals better understand and manage family conflict.

Our 2016 National Survey has been designed to get input from young people, parents/carers and those working with families. We appreciate that discussing family life is not always easy, but in completing this survey and sharing your views, you will be helping us develop resources to support your needs and those of other families in Scotland.

SCCR National Survey links – we respectfully ask you complete these by 30th June.

- Professional/Practitioner survey: [https://www.surveymonkey.co.uk/r/FJ8D25L](https://www.surveymonkey.co.uk/r/FJ8D25L)
- Parent/Carer survey: [https://www.surveymonkey.co.uk/r/FJWD639](https://www.surveymonkey.co.uk/r/FJWD639)
- Young People survey: [https://www.surveymonkey.co.uk/r/FJBS7CC](https://www.surveymonkey.co.uk/r/FJBS7CC)

Should you have any questions or concerns about the survey, or would like to find out more about the services we offer, please get in touch: sccr@cyrenians.scot or 0131 475 2493.
Volunteer with Marie Curie

Be there for someone living with a terminal illness

Marie Curie are always looking for more Helper volunteers who can give at least three hours of their time each week supporting people living with a terminal illness and their families.

As a volunteer helper you will be matched with someone who you will visit in their home, go out somewhere with or chat to over the phone. You can offer your time any day of the week between 9am and 9pm. Types of support needed include companionship and emotional support: practical help: a break for families and carers: information on other support and support after a bereavement.

Marie Curie will provide training to help you understand what’s expected of you, so you’ll be prepared and confident in carrying out your role. Travel expenses will also be reimbursed.

You can apply online at: mariecurie.org.uk/volunteering

Angus Long Term Condition Support Group

hosts four meetings monthly in four different locality areas.
All are welcome to attend and there is a £1 admission charge

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>24th June</td>
<td>Penumbra, Emma Wilson, Forfar Academy Medical Centre 4pm-6pm</td>
</tr>
<tr>
<td>27th June</td>
<td>VAA, Kay Robertson Befriending/Volunteer Drive, Montrose Links Medical Centre 1pm-3pm</td>
</tr>
<tr>
<td>28th June</td>
<td>SDS, Edzell Health Centre 2pm-4pm</td>
</tr>
<tr>
<td>29th June</td>
<td>Deaf Blind, John Whitefield Carnoustie Parkview Health &amp; Community Centre 2pm-4pm</td>
</tr>
</tbody>
</table>

Volunteers urgently needed!

Voluntary Action Angus are always looking to recruit volunteers in all areas of Angus for 100’s of varied opportunities to help in your local communities.

If you would be interested in becoming a Volunteer please get in contact by phone on: 01307 466113 or 01241 875525 or alternatively by email at info@voluntaryactionangus.org.uk or search online www.voluntaryactionangus.org.uk

This bulletin is created by Voluntary Action Angus and the views and opinions within are not expressed by any persons involved in the bulletins creation.

If you have anything you would like to add to next weeks bulletin please contact Josh or Beth by email to info@voluntaryactionangus.org.uk or alternatively by phone on 01241 875525