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THE VOLUNTARY ACTION ANGUS

# BULLETIN

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**HOLD THE DATE**

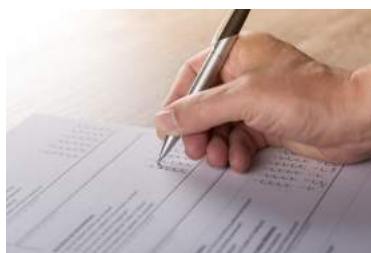
# AGM

**27TH SEPTEMBER**

Location and time to follow..

## **URGENTLY NEEDING BOARD MEMBERS**

The Third Sector in Angus is made up of many volunteers who act in the important capacity in regards to the governance of charities. Without board members, these organisations wouldn't exist. Board Members also play an important part by reflecting community, human rights and local issues which play an important part in the key outcomes and challenges faced by communities in Angus. Their role enhances democracy through their participation and doesn't require a lot of your time but can be really rewarding. To find out more about being a board member VAA is hosting 'Get on Board' information events across the county during September 2018. Please contact [business@voluntaryactionangus.org.uk](mailto:business@voluntaryactionangus.org.uk)



## **SOCIAL ENTERPRISE SURVEY**

We have recently been involved in developing a Social Enterprise Strategic plan, information from the survey will go towards developing a plan that reflects the needs of your organisation. Please can you fill this out/ pass it on to anyone you think may benefit. Please return to [hayley@voluntaryactionangus.org.uk](mailto:hayley@voluntaryactionangus.org.uk) by 1st September 2018.  
[www.voluntaryactionangus.org.uk/wp-content/uploads/SEquestionnaire-Aug18.docx](http://www.voluntaryactionangus.org.uk/wp-content/uploads/SEquestionnaire-Aug18.docx)



Local volunteer Bethan Whamond (20) is cycling from Lands End to John O'Groats to raise funds for her chosen charity, Angus Independent Advocacy (AIA). Having completed the first of many days of challenge, she arrived in Plymouth (Thursday) and will cycle past Glastonbury and on to Cumbria by Monday then on to the border of Bonnie Scotland. Bethan is a dedicated Volunteer and cyclist and appreciates the valuable work AIA do in helping raise the voices of people often unheard. You can support this excellent effort and valuable work by donating on crowd funding or through ether VAA or Advocacy sponsor forms.

[www.justgiving.com/crowdfunding/bethan-whamond](http://www.justgiving.com/crowdfunding/bethan-whamond) - To find out more email [ben@voluntaryactionangus.org.uk](mailto:ben@voluntaryactionangus.org.uk)

## BOARD MEMBER

Care About Angus are looking for new board members. If you are interested in this, please visit:  
<http://www.voluntaryactionangus.org.uk/wp-content/uploads/Board-Member-Advert-1.docx>

## THE POWER OF YOUTH

As part of Angus Council's commitment to Participatory Budgeting, and to celebrate 2018 being the 'Year of Young People,' £40,000 has been set aside for Youth Work Projects across Angus. So, we want to hear your ideas and what difference they will make to young people in Angus. If you wish to apply for funding or wish to discuss it further then please contact:  
Tricia Ryan [EDNCLD@angus.gov.uk](mailto:EDNCLD@angus.gov.uk) 01307 476366

## TAYSIDE COUNCIL ON ALCOHOL POSTS

TCA are hiring a Mentor/Resource Worker and a Bus Caretaker. If you are interested in either of these roles please visit: <https://www.indeed.co.uk/jobs?q=tayside+council+on+alcohol&l=>



## CHAMBER OPERATOR

MS Therapy are hiring a Chamber Operator for 16 hours a week. If you are interested in applying, please visit: <http://www.voluntaryactionangus.org.uk/wp-content/uploads/Advert-2018-Chamber-Operator.docx>

## ADMIN + FINANCE AND VOLUNTEER COORDINATOR



Hear Me Counselling are hiring an Admin and Finance worker for 4 hours per week and a Volunteer Coordinator for 14 hours a week. If you are interested in either of these roles please visit: <http://www.voluntaryactionangus.org.uk/wp-content/uploads/Hear-Me-Counselling-Positions.docx>



Angus Independent Advocacy  
Here for you

## CITIZEN ADVOCACY PROJECT POSTS

Angus Independent Advocacy are hiring two development workers (one being a senior role). If you are interested in either of these roles please visit: <http://www.voluntaryactionangus.org.uk/wp-content/uploads/AIA-CA-Project-Maternity-Cover-Advert.pdf>



...turning the corner on alcohol.  
Registered Charity Number SC006511

## **EMPLOYABILITY COURSES**

EmployabilityTAY – a 13 week multi-partner employability programme, using a holistic coordinated approach from public services, NHS, SDS, Housing, Welfare Rights, third sector and employers. Individually-tailored support, group work, employer engagement and training and qualifications where relevant.

Employability Fund (EF) 3 contract – provides young people with sector specific training, employer engagement work experience and accreditation through Certificate of Work Readiness.

Employability Fund (EF) 4 contract – provides sector specific training and employer engagement, work placement/sector-based academies and certification in approved Stage 4 qualifications. Client specific and linked with current vacancies

SERI (Scotland's Employer Recruitment Incentive) - offers employers up to £4000 towards the cost of employing a young person with barriers (age 16-29) for the first 52 weeks of sustainable employment. Limited spaces available

World Host training – worldwide-recognised qualification in customer service skills.

GOALS training – 3 day motivational training course which supports people to increase confidence, self-esteem and with setting and achieving goals

Assisting employers with recruitment, staff training needs and general support.

Assisting clients with employability advice, support into work and with short-term living and childcare costs where applicable.

PACE – support, employability advice and funding where appropriate for those affected by redundancy.

Eligibility criteria apply to all of the above. Approvals are at the discretion of the Skills Team.

For more information contact the Skills Team on 01241 438 160



## **ANGUS VOICE**

SAVE THE DATE: WEDNESDAY 29th AUGUST

Visit from Graham Morgan, Engagement & Participation Officer (Lived experience), Mental Welfare Commission for Scotland.

Details to follow, but we're working on:

9 - 10.30 / 11 Venue in Brechin or Montrose  
12 - 1.30 / 2 Venue in Forfar or Kirriemuir  
3 - 4.30 / 5 Venue in Carnoustie or Monifieth  
6 - 7.30 / 8 Venue in Arbroath.

Please contact Sheila at Angus Voice tel 07760 753293 if you'd like to be involved

## **HEARTSTART**



Heartstart Discovery is running free two-hour training sessions in emergency life support. Being able to perform emergency life support, a set of actions needed to keep someone alive until professional help arrives, gives a casualty the best possible chance of survival. Course is free of charge, no medical knowledge is required to undertake this course and it only takes two hours. The sessions cover caring for an unconscious person who is breathing and not breathing and performing CPR, how to recognise the signs, symptoms and how to deal with a heart attack, helping someone who is choking and helping someone who is bleeding badly. This will take place on 30th October 2018 at VAA Forfar 10-12. To book a place contact [info@voluntaryactionangus.org.uk](mailto:info@voluntaryactionangus.org.uk).

## THIS JUST IN..

Peer Link Service



### TAYSIDE TSI THIRD SECTOR CONFERENCE

SAVE THE DATE  
ENABLING AND EMPOWERING  
TAYSIDE TSI THIRD SECTOR CONFERENCE  
Wednesday 14th November 2018 at The Quay, Dundee

Dundee, Perth and Angus Third Sector Interfaces have joined forces to deliver a third sector conference with a focus on governance. There will be a range of hot topics discussed over the day. Details to follow. Eventbrite Tickets will be available soon and will be allocated on a first come first served basis. Information will be communicated via Dundee TSI, PKAVS and Voluntary Action Angus.

DON'T MISS OUT!

### FRIOCKHUB



We are currently recruiting for the following positions:  
Admin Support, Fitness Instructor, Janitor and IT Support  
Find out more information and how to apply visit our website  
<https://www.friockhub.co.uk/job-vacancies/>

### POLICE DROP IN SURGERY



I will be at the Millennium Hall on the following days.

Friday 24th August 1900-2000  
Tuesday 11th September 1800-1900  
Saturday 29th September 1000-1100

If you have anything you'd like to discuss please come and see me

### MENTAL HEALTH WORKSHOPS

What happens at the workshops?  
The workshops offer an opportunity to explore ideas and practical steps that can be taken to improve well-being. Workshops will be facilitated by two Peer Workers in an informal and safe environment in the Community Education Room at Carnoustie surgery and in the Monifieth Health Centre.

Maintaining Positive Mental Health 31/08 1-3pm

Please contact Carnoustie Medical Group 01241 859888 to book your place.

Maintaining Positive Mental Health 29/08 2-4pm

Please contact Monifieth Medical Practice on 01382 534301 to book your place.

### DUNDEE CARERS

Independent Advice and Support got a fantastic boost this month when the Self-directed Support Service, part of Dundee Carers Centre, were awarded Scottish Government funding of almost half a million pounds, over the next three years. Team Manager Meg Marr said: "We are delighted that our bid was successful, and our team have been recognised at a national level for the high-quality resources and support that we have developed over the last six years. The aim of the team is to increase access to Self-directed Support, enabling people to participate fully in the SDS process and provide the following support to Carers & Disabled people through SDS Advisors, Learning & Development worker and Finance team. If you would like to know more about Self-directed Support and the range of support available, please contact: Self-directed Support Service (Dundee & Angus) , Dundee Carers Centre, Seagate House, 132-134, Seagate, Dundee, DD1 2HB. 01382 200422 [sds@dundecarerscentre.org.uk](mailto:sds@dundecarerscentre.org.uk) [www.directpayments.org](http://www.directpayments.org)

## THIS JUST IN..



### WARM & WELL ANGUS SERVICE



Warm & Well Angus will visit older and/or disabled people who are unable to access our offices because of health or transport difficulties. A full CAB advice and information service in someone's own home is what we offer. It is a holistic service which covers many, many topics including energy matters, housing issues, scams and income maximisation. One of our fully trained volunteer advisers will visit the person at home. To enquire about this service contact us on ARB- Adminuser@anguscab.org.uk or 01241 870661 ext 234.



### SALTIRE AWARDS

The Saltire Awards are a nationally recognised achievement from the Scottish Government for volunteering hours for young people age 12-25. The Saltire Awards look really good on a young person's C.V and really set them apart from others who haven't volunteered when applying for either jobs or college/university places. The Saltire Awards have different levels which are - The Challenge, The Approach, The Ascent and The Summit, you also receive Young Scot points which can be used to claim loads of amazing prizes! Does your organisation involve young volunteers? Do you want them to get the recognition they deserve? For more information, please contact Bobbi Murray on 01307 466113 or bobbi@voluntaryactionangus.org.uk

### BRECHIN SENSORY GROUP

A new monthly group for people experiencing sight or hearing loss to enjoy support and activities.

Tuesday 4th September 2018  
1.30pm - 3.30pm

Guest Speaker : Laura Ramsay  
(North East Sensory Services)  
Sight & Hearing Loss Equipment  
at Guildry Room, The Mechanics Institute,  
St Mary Street, Brechin  
(The Guild Room is upstairs but there is a lift available)

For more information contact:  
Joan Kennedy  
Volunteer Co-ordinator, North East Sensory  
Services (NESS)  
0345 2712345 or 07720 811896 (talk or text)

### MONIFIETH HERITAGE CENTRE

We are currently looking for volunteers who are willing to help support and grow Monifieth's very own Heritage centre. Volunteers needed to meet and greet members of the public. Keep the centre free and open daily for the public to appreciate.

We are also looking to attract a new Management committee



*Monifieth Local History Society*

Roles: Chair person, Secretary, Treasurer,  
Fund-raiser

Interested in finding out more?

Contact: Monifieth Local History Society, at  
phone number 01382530355, or email  
monifieth.history@btinternet.com

## VOLUNTEERING OPPORTUNITIES



### SHOP VOLUNTEER

HOPE Gardens are needing volunteers for the HOPE garden - working in the shop! It would be for a Saturday morning and a Monday afternoon.

It would be good for someone who is quite confident with people - also there would be someone there to show them how the till works and to support them with all other duties in the shop.

For more information contact  
jade@voluntaryactionangus.org.uk



### VOLUNTEER ADVISOR

Are you - a good communicator? Open, approachable and enthusiastic? Respectful of views and values which may be different to your own? Able to work within a team? Able to use computers? Willing to undertake training for the role? You may be interviewing clients, communicating information to clients, act on behalf of clients, negotiating, referring and drafting letters for clients and completing clear case records. Interested? Ask for Elizabeth at Angus Citizens Advice Bureau on 01241 870661 ext 234.



### ANGUSALIVE

Volunteers support us on an ad-hoc basis, for example for short-term specific events or short-term programmes and on a more regular basis. As a volunteer, you would help support our work to create healthy active and creative lifestyle choices - look out for our notices on Facebook and at our sites or contact one of our leisure, culture and sport facilities today. ANGUSalive will aim to match volunteers to a position that best suits their interests and we welcome enquiries from all ages and abilities. If you are interested and/or would like some more information please contact enquiries@angusalive.scot.

### CHAIRPERSON AND COACH COORDINATOR

Arbroath Community Sports Club are looking for a chairperson and a coach coordinator. To find out more information and apply for the positions please visit the links below;

<http://www.voluntaryactionangus.org.uk/wp-content/uploads/1-Chairperson.docx>

<http://www.voluntaryactionangus.org.uk/wp-content/uploads/8-Coach-Coordinator.docx>



## **AFTERNOON TEA HOST**

Contact the Elderly who aim to alleviate loneliness in older people through free monthly afternoon teas are urgently needing hosts in the Carnoustie/Monifieth area. Hosts are asked to provide a simple afternoon tea once a year for a small group of lonely older people. Teas can take place in the host's home or could be provided by an organisation or business. The teas are held on a Sunday afternoon from 2-4.00p.m. and the guests are collected and accompanied by a volunteer driver. All guests have to be able to manage two or three steps with just a steadying arm as we do not undertake any caring duties. The monthly outings make a huge difference to our guests as they enjoy chatting and making new friends as well as eating cake. I would urge you to consider volunteering with us, it does not involve a great deal of your time but you will find it very worthwhile.

Please contact me, Jean Malcolm on 01356660238 or visit our website [www.contact-the-elderly.org.uk](http://www.contact-the-elderly.org.uk)

## **ANGUS NOVA**

Penumbra are hiring! Please see the vacancies below;

N78/18 – Peer Worker Angus Nova Service (2 x posts)  
<http://www.penumbra.org.uk/vacancies-all/n78-18-peer-worker-angus-nova-service/>

N79/18 – Recovery Worker Angus Nova Service (1 x post)  
<http://www.penumbra.org.uk/vacancies-all/n79-18-recovery-worker-angus-nova-service/>

The closing date of these vacancies is Thursday 13th September at 9am.

## **MULTIPLE OPPORTUNITIES**

CHSS relies on a team of volunteers to help support paid staff, making a difference to Scotland's health by helping out in one of our stores to raise funds needed to deliver services. The Forfar store are currently recruiting volunteers in; Displaying and Merchandising; Customer Care; Stockroom and Charity Stock Driver. Potential volunteers must have a competent level of the English language. CHSS will provide all necessary training and authorised expenses are reimbursed. If interested get in touch with Sam Senkel ([sam@voluntaryactionangus.org.uk](mailto:sam@voluntaryactionangus.org.uk)) or pop in to see them at their store in Castle Street, Forfar.

## **ANGUS TALKING NEWSPAPER ASSOCIATION**



We are a charitable Organisation run entirely by Volunteers in the five Burghs of Angus, providing local news to the Registered Blind and Visually Impaired. Once a month a team of readers record an hour of local news from their area. We are URGENTLY seeking a volunteer, one for Montrose and one for Arbroath, for no more than 2 hours, once a month to train and then be a stand-in as Team Leader and who is pc/laptop competent. Please contact:- [www.angustalkingnews.co.uk](http://www.angustalkingnews.co.uk)



## **KEPTIE POND LITTER PICKS**

Arbroath in Bloom  
Keptie Friends 2018  
Sundays at 11am (weather permitting)

### **MEET AT THE PICNIC TABLES**

Activities will include litter picking, general clean-up, light gardening and promoting wildlife habitat. Equipment supplied, but please dress according to the weather conditions. ALL WELCOME!

NEXT DATE: 26 August



## **ARBROATH IN BLOOM**

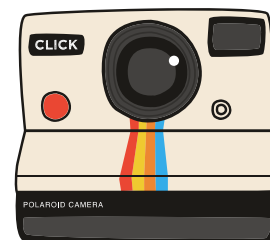
This is a call for help from us! We are looking for more people to join us as we try to brighten up the town with flowers and plants.

Interested?

Please get in touch either via our Facebook page (Arbroath in Bloom) or by leaving your name with Sandy at AJ Beedie Jewellers in the high street.

## **CITIZEN ADVOCATE**

Have you ever thought about becoming a Citizen Advocate? Citizen Advocacy is an equal partnership where someone who benefits from advocacy support (advocacy partner) is matched with a member of their local community (citizen advocate). Their partnership is equal and their Citizen Advocate is there for them to help have their voice heard, connect to their local community and help them to understand their options. We are always on the lookout for people who have time to spare and share our values but our group preparation is an excellent opportunity to learn more about what a Citizen Advocate can do! If you think you would be interested in attending our event or want to have a general chat about citizen advocacy please call the office on 01241 434413 and ask to talk to a member of the citizen advocacy project team.



## **KIRRIEMUIR CAMERA OBSCURA**

Can you spare three hours a week to help keep this open? We have reopened this famous attraction and we love love to be open everyday but we can't do this without more volunteers. If you can spare just three hours per week between 11am - 5pm in the cafe or the camera room. If you are interested please come into us for more information.



## **DON'T FORGET..**

### **STRATHMORE RUGBY CLUB**

Strathmore Rugby Club have started touch walking rugby. If you are interested please contact Josh on [trust.cpc17@gmail.com](mailto:trust.cpc17@gmail.com)

### **THE POWER OF YOUTH**

As part of Angus Council's commitment to Participatory Budgeting, and to celebrate 2018 being the 'Year of Young People,' £40,000 has been set aside for Youth Work Projects across Angus. So, we want to hear your ideas and what difference they will make to young people in Angus. If you wish to apply for funding or wish to discuss it further then please contact:  
Tricia Ryan [EDNCLD@angus.gov.uk](mailto:EDNCLD@angus.gov.uk) 01307 476366

### **LINKS PARK CT**

Links Park Community Trust are hiring a Facilities Assistant for 25 hours a week. If you are interested in applying please visit: <https://scvo.org.uk/jobs/community-jobs-scotland/vacancies/p19v/a1x0n00000baell-uav-facilities-assistant>

### **SDS**

Are you 16-24? Unemployed, leaving school or college, or just unsure of what comes next? Drop in to the Montrose Road Centre in Forfar to discover your next opportunity. Tuesday 25th September, 1pm - 3pm  
Meet local learning and training providers  
Make an appointment with a Careers Adviser. Find out about Apprenticeships! #EarnAndLearn. Apply for an Individual Training Account (up to £200 towards training!) Automatic entry into a Prize Draw refreshments available. Any questions? Call us on 01241 433 000 or drop us a message on Facebook at SDS Angus.

### **SAFETALK TRAINING**

We have Suicide Alertness For Everyone Training (safeTALK). Thursday 13 September 2018, 1pm-5pm Venue: Room A, Bruce House, Arbroath.

This training is open to everyone who lives or works in Angus (employees, employers, community groups and members of the public). Places will be allocated on a first come first served basis. This session is free of charge to participants and will be funded by the Angus Suicide Prevention Collaborative. To book you will be required to complete a registration form. To book or for any further information please email for the attention of Susan Duncan, Development Officer at [suicideprevention@angus.gov.uk](mailto:suicideprevention@angus.gov.uk)



### **ANGUS HSCP**

Do you have 1-2 spare hours a week to help out someone in your local community? Angus Health and Social Care Partnership volunteering has numerous opportunities available throughout Angus, PVG required and full training will be provided. If so, please contact Janet Rowlands on [RowlandsJ@angus.gov.uk](mailto:RowlandsJ@angus.gov.uk)

### **HOSPITALFIELD**

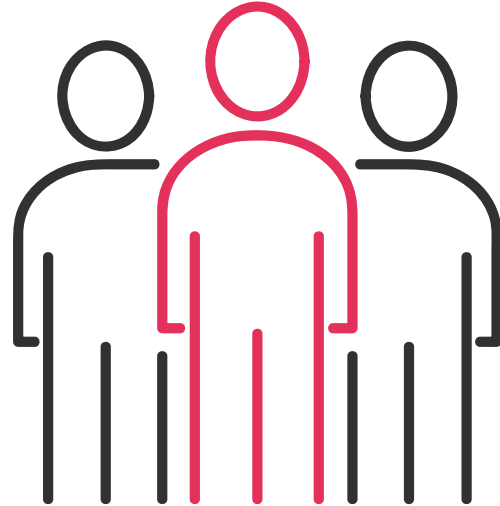
A series of walks and events that exploring local landscapes. Enjoy being outside and getting active at an enjoyable pace? Then this is for you. Find out more & get in touch:  
[www.hospitalfield.org.uk/volunteer/meander](http://www.hospitalfield.org.uk/volunteer/meander) - 01241 656 124 / [volunteer@hospitalfield.org.uk](mailto:volunteer@hospitalfield.org.uk)

## **DON'T FORGET..**

### **ANGUS LONG TERM CONDITION SUPPORT GROUP**

ALTCSG host meetings monthly in different locality areas. All are welcome to attend and costs £1 per meeting.

Dates to be confirmed.



### **ANGUS CLOTHING BANK**

WHEN: Every Tuesday 1.30pm - 3.00pm

WHERE: St Johns Methodist Church (15 Ponderlaw Street, Arbroath)

Angus Clothing Project is an adult clothes bank for those who are homeless, low or no income, have little or no possessions (donations welcome)

### **FORFAR MUSICAL SOCIETY**

PRESENTS.. Sister Act - a Divine Musical Comedy.

28th -- 31st August 2018

Reid Hall Forfar

Tickets priced from £9 & £12 at ANGUS PETS AND AQUATICS or [ticketsource.co.uk/forfarmusical](http://ticketsource.co.uk/forfarmusical)



## FUNDING

**The Dream Fund** supports charities to develop innovative solutions to society's most challenging problems.

This year's funding priorities are:  
changing lives through early intervention;  
ending loneliness and social isolation;  
protecting Britain's biodiversity;  
sustainable systems change; and  
transforming society through sport.

The fund will accept applications for innovative, ground-breaking projects that fall outside the main funding priorities.

The Dream Fund encourages not-for-profit organisations to collaborate to deliver a more effective and wide ranging project. All applications must therefore come from at least two organisations and the lead organisation **MUST** be a registered charity.

**Please note the deadline for applications in 31st August 2018.**

<http://www.postcodedreamtrust.org.uk/dream-fund>

**Chance to Flourish** is funded through the Scottish Children's Lottery. They support projects and activities in Scotland, with the aspiration of alleviating the impact of poverty or financial hardship, social exclusion, relative/multiple deprivation and disability or illness to young people. Projects or activities will work with the most vulnerable families with pre-school children at a demonstrably high risk of being negatively impacted by poverty.

Examples of projects or activities they support include:  
practical family support including food, clothing and shelter;  
support for single parents including parenting skills, health and nutrition;  
accessible and affordable daycare or play facilities; and  
support for vulnerable parents with preschool children or families with pre-school children suffering from any type of disability.

**There is no current deadline.**

<http://chancetoflourish.co.uk/apply-for-funding>



If there was anything you would like to add to the bulletin please contact Ben at [ben@voluntaryactionangus.org.uk](mailto:ben@voluntaryactionangus.org.uk). VAA is a Company limited by guarentee - Scottish Charity No. SC032830, Scottish Company No. SC248473.