
THE VOLUNTARY ACTION ANGUS

BULLETIN

**** VOLUNTARY ACTION ANGUS ****



VOLUNTEER DRIVING SERVICE

You could be the reason someone is able to attend their appointment. Do you like driving and helping people? Can you spare a few hours to help someone in the community? Interested? For more information please call 01307 466113 and ask for Debbie or email debbie@voluntaryactionangus.org.uk. Debbie is our transport coordinator. She organises transport for the community who are physically, financially or mentally unable to attend appointments by any other means of transport.

VOLUNTEER TREASURER OPPORTUNITY

Voluntary Action Angus have a fantastic opportunity and are looking for a treasurer. You would be expected to attend a board meeting every two months Are you interested in becoming a treasurer? Contact Hayley Mearns on hayley@voluntaryactionangus.org.uk or phone 01307 466113 for more information.



TRAINING CALENDAR



AN AWARENESS OF ADULT AND CHILD PROTECTION TRAINING

This is a free course with no knowledge required and only takes three hours to gain the knowledge. The course covers the following areas:

- To look at the history of safeguarding and how it sits within organisations.
- We will also look at the different categories of abuse and their definitions.
- The action to take if there is a disclosure and reasons why victims choose not to disclose.
- Increased awareness of signs and indicators of abuse
- How to respond if there is a concern about a child, young person or vulnerable adult.
- Knowledge of legislation and guidance

VAA Forfar training room
8th August 2018, 2.00 to 5.00

BOOK via;
e: dawn@voluntaryactionangus.org.uk
t: 01307 466113 & ask for Dawn

HEARTSTART



Heartstart Discovery is running free two-hour training sessions in emergency life support. Being able to perform emergency life support, a set of actions needed to keep someone alive until professional help arrives, gives a casualty the best possible chance of survival. Course is free of charge, no medical knowledge is required to undertake this course and it only takes two hours. The sessions cover caring for an unconscious person who is breathing and not breathing and performing CPR, how to recognise the signs, symptoms and how to deal with a heart attack, helping someone who is choking and helping someone who is bleeding badly. This will take place on 30th October 2018 at VAA Forfar 10-12. To book a place contact dawn@voluntaryactionangus.org.uk.

JOB & VOLUNTEERING OPPORTUNITIES



DOMESTIC ABUSE ADVOCACY WORKER AND WOMEN'S WORKER

Angus Women's Aid has vacancies for 2 enthusiastic, motivated individuals committed to upholding the rights of and supporting women who have experienced domestic abuse.

We are looking for :

Both Posts are currently funded until March 2020. Salary for both posts will be £23697 pro rata. Closing date for completed applications is 12 noon 22nd June 2018. Application packs are available by email only by contacting info@anguswomensaid.co.uk Interviews will take place on 5th July 2018 Only those selected for interview will be contacted.

CITIZEN ADVOCATE

Have you ever thought about becoming a Citizen Advocate? Citizen Advocacy is an equal partnership where someone who benefits from advocacy support (advocacy partner) is matched with a member of their local community (citizen advocate). Their partnership is equal and their Citizen Advocate is there for them to help have their voice heard, connect to their local community and help them to understand their options. We are always on the lookout for people who have time to spare and share our values but our group preparation is an excellent opportunity to learn more about what a Citizen Advocate can do! If you think you would be interested in attending our event or want to have a general chat about citizen advocacy please call the office on 01241 434413 and ask to talk to a member of the citizen advocacy project team.



SHOP VOLUNTEER

HOPE Gardens are needing volunteers for the HOPE garden - working in the shop! It would be for a Saturday morning and a Monday afternoon.

it would be good for someone who is quite confident with people - also there would be someone there to show them how the till works and to support them with all other duties in the shop.

For more information contact jade@voluntaryactionangus.org.uk



CHAIRPERSON AND COACH COORDINATOR

Arbroath Community Sports Club are looking for a chairperson and a coach coordinator. To find out more information and apply for the positions please visit the links below;

<http://www.voluntaryactionangus.org.uk/wp-content/uploads/1-Chairperson.docx>

<http://www.voluntaryactionangus.org.uk/wp-content/uploads/8-Coach-Coordinator.docx>



AFTERNOON TEA HOST

Contact the Elderly who aim to alleviate loneliness in older people through free monthly afternoon teas are urgently needing hosts in the Carnoustie/Monifieth area. Hosts are asked to provide a simple afternoon tea once a year for a small group of lonely older people. Teas can take place in the host's home or could be provided by an organisation or business. The teas are held on a Sunday afternoon from 2-4.00p.m. and the guests are collected and accompanied by a volunteer driver. All guests have to be able to manage two or three steps with just a steady arm as we do not undertake any caring duties. The monthly outings make a huge difference to our guests as they enjoy chatting and making new friends as well as eating cake. I would urge you to consider volunteering with us, it does not involve a great deal of your time but you will find it very worthwhile.

Please contact me, Jean Malcolm on 01356660238 or visit our website www.contact-the-elderly.org.uk

DRAMA VOLUNTEER

We are looking to recruit a volunteer with a specific interest in Drama to help out with a drama group at Lilybank Resource Centre, Forfar. Lilybank is for people with learning disabilities. Their group runs on Thursday mornings 10am-12noon. If you are interested please contact RowlandsJ@angus.gov.uk.

MULTIPLE OPPORTUNITIES

CHSS relies on a team of volunteers to help support paid staff, making a difference to Scotland's health by helping out in one of our stores to raise funds needed to deliver services. The Forfar store are currently recruiting volunteers in; Displaying and Merchandising; Customer Care; Stockroom and Charity Stock Driver. Potential volunteers must have a competent level of the English language. CHSS will provide all necessary training and authorised expenses are reimbursed. If interested get in touch with Sam Senkel (sam@voluntaryactionangus.org.uk) or pop in to see them at their store in Castle Street, Forfar.

ANGUS TALKING NEWSPAPER



Help needed Angus wide. We are a Charitable Organisation run entirely by Volunteers in towns around Angus providing local news to registered Blind and Visually Impaired folk. Once a month a team of readers get together to record an hour of local news from their area. We are looking for a volunteer in each of these Burghs to spend no more than 2 hours per month in either reading and/or able to use a laptop/PC Please contact us to get involved at: www.angustalkingnews.co.uk



KEPTIE POND LITTER PICKS

Arbroath in Bloom
Keptie Friends 2018
Sundays at 11am (weather permitting)

MEET AT THE PICNIC TABLES

Activities will include litter picking, general clean-up, light gardening and promoting wildlife habitat. Equipment supplied, but please dress according to the weather conditions. ALL WELCOME!

The next date will be 24th June

TREASURER OPPORTUNITY



The Board of Trustees are seeking to appoint a Treasurer to assist with the continuing development of the Trust. The volunteer would attend quarterly board meetings, assisting with strategic planning and acting as an ambassador for the Trust. The Treasurer would have overall responsibility for ensuring the employee is paid and HMRC legislation is adhered to. The volunteer would be well supported in their new role.

To discuss the role further please contact Carol at Voluntary Action Angus on 01241 875525 or email carol@voluntaryactionangus.org.uk.

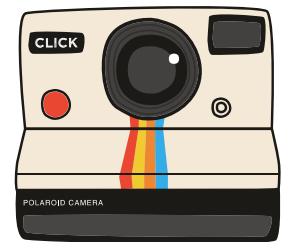


ARBROATH IN BLOOM

This is a call for help from us! We are looking for more people to join us as we try to brighten up the town with flowers and plants.

Interested?

Please get in touch either via our Facebook page (Arbroath in Bloom) or by leaving your name with Sandy at AJ Beedie Jewellers in the high street.



KIRRIEMUIR CAMERA OBSCURA

Can you spare three hours a week to help keep this open? We have reopened this famous attraction and we love love to be open everyday but we can't do this without more volunteers. If you can spare just three hours per week between 11am - 5pm in the cafe or the camera room. If you are interested please come into us for more information.

THIS JUST IN..

COMMUNITY FUN AFTERNOON

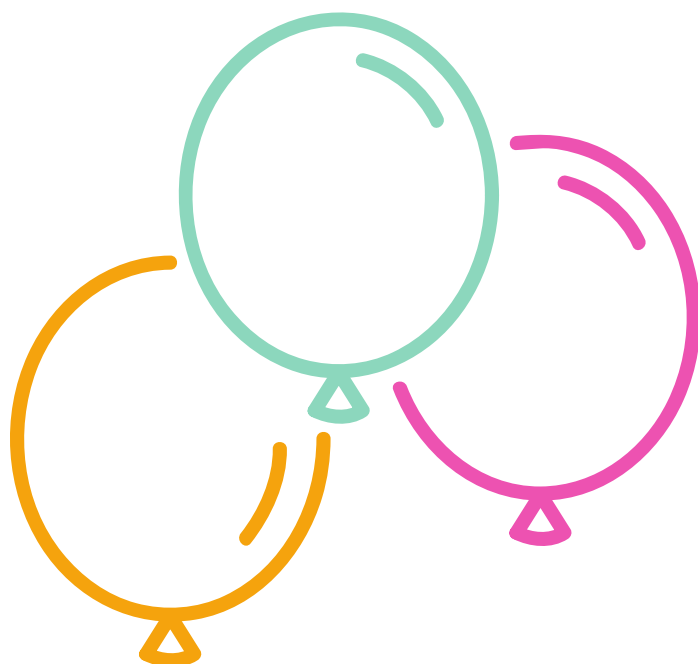
19TH JULY 2018 COMMUNITY FUN
AFTERNOON

1pm to 3pm
Inch Park, Witchden Road

Join us for an afternoon of free fun and activities for all the family and learn about what we can offer the community.

FREE AND OPEN TO EVERYONE
FUN AND GAMES FOR ALL AGES
SWEETIE HUNT FROM 1.15 - 1.45
AND LOTS MORE
WHY NOT BRING A PICNIC AND MAKE THE MOST OF THE AFTERNOON?

Would you like to get involved? Local Business or community group that would like to donate items or time? Interested in volunteering at the event? Contact Kirsty MacLean 07525619967



BURNSIDE JOB CLUB

Looking for a job, advice? Want help with your CV? Feeling that Volunteering can give you a boost? Need help with letters or emails? Get support with your CV, IT, letter writing, Benefit support, and support from other job seekers!

- Links to Volunteer Action Angus
- Skills Development Scotland
- Remploy
- Dundee and Angus College

Starting 5th June, every Thursday between 4pm and 5pm in the Computer Suite, Burnside Primary School, Thomas St, Carnoustie DD7 7JZ

For further information please contact:
Donald McNeill
t: 01241 803589
e: mcneilld@angus.gov.uk

AGM'S

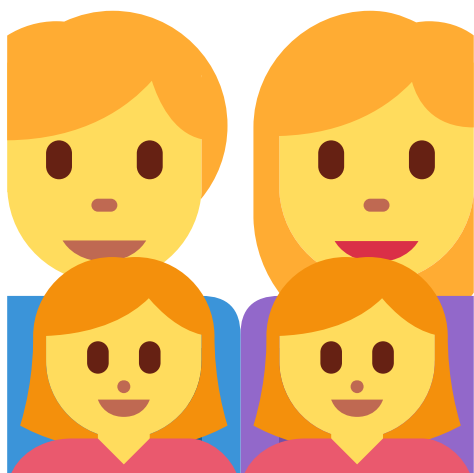
ART MOVES

WHEN: Monday 9th July 2018 10:00-12:00

WHERE: Room A, Bruce House, Wellgate, Arbroath, DD11 3TS

AGENDA: Things we've done in the last year / Future Workshops / Treasurers Reports / Election of office bearers / Future funding

CONTACT Margaret Duncan 07738898759



HOME START ANGUS

WHEN: Wednesday 27th June 7pm

WHERE: 27 Hamilton Green, Arbroath, DD11 1JG

AGENDA: A short business meeting will be followed by refreshments and presentation of long service awards to volunteers and trustees

CONTACT: 01241 431131

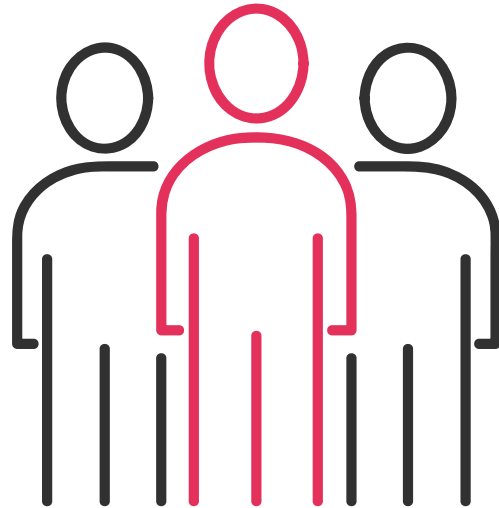
DON'T FORGET..

ANGUS LONG TERM CONDITION SUPPORT GROUP

ALTCSG host meetings monthly in different locality areas. All are welcome to attend and costs £1 per meeting.

JUN 25/ Links Medical Centre 2-4pm
PMR & GCA by Lorna Neill

JUN 27/ Parkview Medical Centre 2-4pm
Fall Prevention by Joyce Simpson



MONIFIETH BEFRIENDING SCHEME

Our friends at Monifieth Befriending Scheme have been nominated for Charity of the Year by Sainsburys Local Charity. Please vote for them before 24th June. <https://www.sainsburyslocalcharity.co.uk>

FRIOCKHUB

Are you free Sunday 1st July for an hour between 10am-4pm?. Help us pack bags in Morrisons, Arbroath to help raise funds for Friock Hub. ***VOLUNTEERS REQUIRED***
*children over 8yrs welcome accompanied by an adult.

IF YOU CAN HELP - PLEASE CONTACT US
VIA INFO BELOW



FUNDING

Paths For All

Paths for All are offering small grants of up to £3000 to communities in Scotland to develop, deliver and promote their own community-led active travel projects. Their Community Active Travel Grants aim to empower communities to make changes to paths in their area that will make it easier for people to make every day journeys by active travel. Increasing active travel in communities helps to create a healthier, socially inclusive, economically vibrant, environmentally friendly Scotland.

Please note the deadline for applications is Friday 06 July 2018.

<https://www.pathsforall.org.uk/pfa/support/community-active-travel-grants.html>

Filmbank Media - Innovation Fund 2018

The aim of the Filmbank Media Innovation Fund is to enable two new film societies or community screening groups to make a real impact within their community through the medium of film. Examples of how the Fund could be used may include special film screening programmes for seniors or youth groups; launching film workshops; for screening equipment; delivering a marketing initiative or to implement educational programmes in local schools.

Next deadline for applications is 31 July 2018.

<https://www.filmbankmedia.com/licences/stsl/innovation-fund/>

Paths For All

Paths for All are offering grants of up to £1500 to provide community groups with the resources they need to upgrade, promote and maintain path networks close to where they live. Their Community Paths "Your Choice" grant scheme is open to any constituted community group who have their own bank account. Community organisations and registered community charities such as community councils, development trusts and community woodland groups working in Scotland can also apply for their funding.

Please note the deadline for applications is Monday 25 June 2018.

<https://www.pathsforall.org.uk/pfa/creating-paths/community-paths-your-choice-grants.html>



If there was anything you would like to add to the bulletin please contact Ben at ben@voluntaryactionangus.org.uk. VAA is a Company limited by guarentee - Scottish Charity No. SC032830, Scottish Company No. SC248473.