July 2018 Issue 13

#### THE VOLUNTARY ACTION ANGUS

## BULLETIN

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### VOLUNTEER TREASURER OPPORTUNITY

Voluntary Action Angus have a fantastic opportunity and are looking for a treasurer. You would be expected to attend a board meeting every two months Are you interested in becoming a treasurer? Contact Hayley Mearns on hayley@voluntaryactionangus.org.uk or phone 01307 466113 for more information.

#### EMPLOYABILITY COURSES

EmployabiliTAY – a 13 week multi-partner employability programme, using a holistic coordinated approach from public services, NHS, SDS, Housing, Welfare Rights, third sector and employers. Individually-tailored support, group work, employer engagement and training and qualifications where relevant.

Employability Fund (EF) 3 contract – provides young people with sector specific training, employer engagement work experience and accreditation through Certificate of Work Readiness.

Employability Fund (EF) 4 contract – provides sector specific training and employer engagement, work placement/sector-based academies and certification in approved Stage 4 qualifications. Client specific and linked with current vacancies

SERI (Scotland's Employer Recruitment Incentive) - offers employers up to £4000 towards the cost of employing a young person with barriers (age 16-29) for the first 52 weeks of sustainable employment. Limited spaces available

World Host training – worldwiderecognised qualification in customer service skills.

GOALS training – 3 day motivational training course which supports people to increase confidence, self-esteem and with setting and achieving goals

Assisting employers with recruitment, staff training needs and general support.

Assisting clients with employability advice, support into work and with short-term living and childcare costs where applicable.

PACE – support, employability advice and funding where appropriate for those affected by redundancy.

Eligibility criteria apply to all of the above. Approvals are at the discretion of the Skills Team.

For more information contact the Skills Team on 01241 438 160





#### JOB OPPORTUNITY

Support Worker Post, funded until March 2021 – 20 hours per week, £8.75 per hour

The Learning Tree Partnership is a young and developing organisation who support learning and training in customer service skills to people in Angus with a learning disability.

We are looking for an enthusiastic support worker to recruit and support volunteers with a learning disability and work with our existing pool of volunteers. In addition, the support worker will recruit other volunteers to take on various roles within the organisation.

Closing date for application is Friday 20th July 2018. Application packs are available by emailing info@thelearningtree.org.uk or by downloading the documents below. Application form, monitoring form and self-declaration forms should be returned by email to info@thelearningtree.org.uk or by post to

Morag McKenzie, Development Worker The Learning Tree Partnership, First Floor, 8 Grant Road, Arbroath, DD11 1JN

Interviews will be held on Friday 27th July 2018.



#### THIS JUST IN..

# ANGUS HSCI CARER PLANNING AND DEVELOPMENT GROUP

Do you work in the Third Sector in Angus? What do you need to know about the Carers (Scotland Act) 2016). Come along to this session which will give you an introduction to the new legislation and an update on what is happening in Angus.

You are invited to attend this workshop on Tuesday 14th August 2018 2.00 - 4.00pm at Angus Carers Centre 8 Grant Road Arbroath DD11 1JN

#### Booking

form: http://www.voluntaryactionangus.or g.uk/wp-content/uploads/Tuesday-14th-August-2018-Third-Sector-Update-Replyslip.docx

## ANGUS DIABETES FORUM

You are invited to come along to the Angus Diabetes Forum for a session on:

Diabetes - myths and misconceptions in the Lintrathen Room, Whitehills Health & Community Care Centre, Station Road, Forfar on Thursday 9th August 2018 from 15:00 - 17:00.

No booking required. No charge - just come along! For more information contact 01307 474889.



#### ARBROATH EYES AND EARS

Friendly, local group for people experiencing vision and/or hearing loss. Come along for information and some social time

NEXT MEETING
Monday 13th August 2018
1pm – 3pm
Russell Square Lounge, Arbroath
Talk from Kirsten Coupar from Signal
Tower Museum

For further information contact: Joan Kennedy North East Sensory Services 0345 2712345 / 07720811896 (talk & text) joan.kennedy@nesensoryservices.org

## IMPROVE YOUR BID SCORE

Angus House, Forfar
Wednesday 25th July 2018
The Supplier Development Programme &
Angus Council understand getting the
highest possible score in your bid is
essential to winning a contract, however
knowing what the buyer is looking for can
be difficult! We can help, SDP are running
the above FREE workshop on how you can
Improve your Bid Sore, right on your
doorstep... this workshop will provide you
with an insight into buyers' needs and
expectations and ensure you're winning
points!

Book your place:

https://www.sdpscotland.co.uk/events/2-3-improving-your-bid-score-angus/

#### THIS JUST IN..



870661 ext 234.

### WARM & WELL ANGUS SERVICE



Warm & Well Angus will visit older and/or disabled people who are unable to access our offices because of health or transport difficulties. A full CAB advice and information service in someone's own home is what we offer. It is a holistic service which covers many, many topics including energy matters, housing issues, scams and income maximisation. One of our fully trained volunteer advisers will visit the person at home. To enquire about this service contact us on ARB-

## X

Adminuser@anguscab.org.uk or 01241

#### SALTIRE AWARDS

The Saltire Awards are a nationally recognised achievement from the Scottish Government for volunteering hours for young people age 12-25. The Saltire Awards look really good on a young person's C.V and really set them apart from others who haven't volunteered when applying for either jobs or college/university places. The Saltire Awards have different levels which are -The Challenge, The Approach, The Ascent and The Summit, you also receive Young Scot points which can be used to claim loads of amazing prizes! Does your organisation involve young volunteers? Do you want them to get the recognition they deserve? For more information, please contact Bobbi Murray on 01307 466113 or bobbi@voluntaryactionangus.org.uk

## THIRD SECTOR HEALTH HUB

If you are from North West Angus and are interested in finding out about local organisations who may be able to offer you

support then please come down to Academy Medical Centre to find out more. We are holding a Third Sector Health Hub at Academy Medical Centre, Academy Street, Forfar, DD8 2HA on the second Thursday of the month for the next 3 months – 14th June, 12th July and 9th August between 9.30am – 12noon. This is for people registered at any medical practice, everyone is welcome! To find out more information please contact Ashley on

ashley@voluntaryactionangus.org.uk or phone 01307 462316



## SOCIAL GROUP BRECHIN

North East Sensory Services are supporting a social group to set up in Brechin. If you are interested in this and want to have a say in what this group looks like, why not come along to our OPEN MEETING on:

Tuesday 24th July 2018 - 1.30pm - 3.30pm at Lower Hall, Mechanics' Institute, St Mary Street, Brechin. IF YOU CANNOT ATTEND, BUT WOULD LIKE TO SHARE YOUR IDEAS PLEASE CONTACT: JOAN KENNEDY, NESS VOLUNTEER COORDINATOR 07720 811896 (telephone or text) joan.kennedy@nesensoryservices.org IF YOU REQUIRE A BSL INTERPRETER PLEASE LET US KNOW

#### **VOLUNTEERING OPPORTUNITIES**





#### SHOP VOLUNTEER

HOPE Gardens are needing volunteers for the HOPE garden - working in the shop! It would be for a Saturday morning and a Monday afternoon.

It would be good for someone who is quite confident with people - also there would be someone there to show them how the till works and to support them with all other duties in the shop.

For more information contact jade@voluntaryactionangus.org.uk

#### VOLUNTEER ADVISOR

Are you - a good communicator? Open, approachable and enthusiastic? Respectful of views and values which may be different to your own? Able to work within a team? Able to use computers? Willing to undertake training for the role? You may be interviewing clients, communicating information to clients, act on behalf of clients, negotiating, referring and drafting letters for clients and completing clear case records. Interested? Ask for Elizabeth at Angus Citizens Advice Bureau on 01241 870661 ext 234.







#### ANGUSALIVE

Volunteers support us on an ad-hoc basis, for example for short-term specific events or short-term programmesand on a more regular basis. As a volunteer, you would help support our work to create healthy active and creative lifestyle choices - look out for our notices on Facebook and at our sites or contact one of our leisure, culture and sport facilities today. ANGUSalive will aim to match volunteers to a position that best suits their interests and we welcome enquiries from all ages and abilities. If you are interested and/or would like some more information please contact enquiries@angusalive.scot.

## CHAIRPERSON AND COACH COORDINATOR

Arbroath Community Sports Club are looking for a chairperson and a coach coordinator. To find out more information and apply for the positions please visit the links below;

http://www.voluntaryactionangus.org.uk/wp-content/uploads/1-Chairperson.docx

http://www.voluntaryactionangus.org.uk/wp-content/uploads/8-Coach-Coordinator.docx

#### TRAINING CALENDAR



# AN AWARENESS OF ADULT AND CHILD PROTECTION TRAINING

This is a free course with no knowledge required and only takes three hours to gain the knowledge. The course covers the following areas:

- To look at the history of safeguarding and how it sits within organisations.
- · We will also look at the different categories of abuse and their definitions.
- The action to take if there is a disclosure and reasons why victims choose not to disclose.
- · Increased awareness of signs and indicators of abuse
- · How to respond if there is a concern about a child, young person or vulnerable adult.
- · Knowledge of legislation and guidance

VAA Forfar training room 8th August 2018, 2.00 to 5.00

BOOK via; e: info@voluntaryactionangus.org.uk

#### **HEARTSTART**



Heartstart Discovery is running free twohour training sessions in emergency life support. Being able to perform emergency life support, a set of actions needed to keep someone alive until professional help arrives, gives a casualty the best possible chance of survival. Course is free of charge, no medical knowledge is required to undertake this course and it only takes two hours. The sessions cover caring for an unconscious person who is breathing and not breathing and performing CPR, how to recognise the signs, symptoms and how to deal with a heart attack, helping someone who is choking and helping someone who is bleeding badly. This will take place on 30th October 2018 at VAA Forfar 10-12. To book a place contact info@voluntaryactionangus.org.uk.





## AFTERNOON TEA

Contact the Elderly who aim to alleviate loneliness in older people through free monthly afternoon teas are urgently needing hosts in the Carnoustie/Monifieth area. Hosts are asked to provide a simple afternoon tea once a year for a small group of lonely older people. Teas can take place in the host's home or could be provided by an organisation or business. The teas are held on a Sunday afternoon from 2-4.00p.m. and the guests are collected and accompanied by a volunteer driver. All guests have to be able to manage two or three steps with just a steadying arm as we do not undertake any caring duties. The monthly outings make a huge difference to our quests as they enjoy chatting and making new friends as well as eating cake. I would urge you to consider volunteering with us, it does not involve a great deal of your time but you will find it very worthwhile.

Please contact me, Jean Malcolm on 01356660238 or visit our website www.contact-the-elderly.org.uk

#### DRAMA VOLUNTEER

We are looking to recruit a volunteer with a specific interest in drama to help out with a drama group at Lilybank Resource Centre, Forfar. Lilybank is for people with learning disabilities. Their group runs on Thursday mornings 10am-12noon. If you are interested please contact RowlandsJ@angus.gov.uk.

#### MULTIPLE OPPORTUNITIES

CHSS relies on a team of volunteers to help support paid staff, making a difference to Scotland's health by helping out in one of our stores to raise funds needed to deliver services. The Forfar store are currently recruiting volunteers in; Displaying and Merchandising; Customer Care; Stockroom and Charity Stock Driver. Potential volunteers must have a competent level of the English language. CHSS will provide all necessary training and authorised expenses are reimbursed. If interested get in touch with Sam Senkel

(sam@voluntaryactionangus.org.uk) or pop in to see them at their store in Castle Street, Forfar

#### ANGUS TALKING NEWSPAPER



Help needed Angus wide. We are a Charitable Organisation run entirely by Volunteers in towns around Angus providing local news to registered Blind and Visually Impaired folk. Once a month a team of readers get together to record an hour of local news from their area. We are looking for a volunteer in each of these Burghs to spend no more than 2 hours per month in either reading and/or able to use a laptop/PC Please contact us to get involved at: www.angustalkingnews.co.uk



#### KEPTIE POND LITTER PICKS

Arbroath in Bloom Keptie Friends 2018 Sundays at 11am (weather permitting)

MEET AT THE PICNIC TABLES
Activities will include litter picking, general clean-up, light gardening and promoting wildlife habitat. Equipment supplied, but please dress according to the weather conditions. ALL WELCOME!

The next date will be confirmed for July.



This is a call for help from us! We are looking for more people to join us as we try to brighten up the town with flowers and plants.

Interested?
Please get in touch either via our
Facebook page (Arbroath in Bloom) or by
leaving your name with Sandy at AJ
Beedie Jewellers in the high street.

#### CITIZEN ADVOCATE

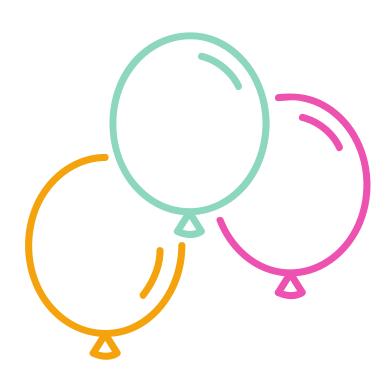
Have you ever thought about becoming a Citizen Advocate? Citizen Advocacy is an equal partnership where someone who benefits from advocacy support (advocacy partner) is matched with a member of their local community (citizen advocate). Their partnership is equal and their Citizen Advocate is there for them to help have their voice heard, connect to their local community and help them to understand their options. We are always on the lookout for people who have time to spare and share our values but our group preparation is an excellent opportunity to learn more about what a Citizen Advocate can do! If you think you would be interested in attending our event or want to have a general chat about citizen advocacy please call the office on 01241 434413 and ask to talk to a member of the citizen advocacy project team.



#### KIRRIEMUIR CAMERA OBSCURA

Can you spare three hours a week to help keep this open? We have reopened this famous attraction and we love love to be open everyday but we can't do this without more volunteers. If you can spare just three hours per week between 11am - 5pm in the cafe or the camera room. If you are interested please come into us for more information.

#### ALSO..



#### COMMUNITY FUN AFTERNOON

19TH JULY 2018 COMMUNITY FUN AFTERNOON

1pm to 3pm Inch Park, Witchden Road

Join us for an afternoon of free fun and activities for all the family and learn about what we can offer the community.

FREE AND OPEN TO EVERYONE FUN AND GAMES FOR ALL AGES SWEETIE HUNT FROM 1.15 – 1.45 AND LOTS MORE WHY NOT BRING A PICNIC AND MAKE THE MOST OF THE AFTERNOON?

Would you like to get involved? Local Business or community group that would like to donate items or time? Interested in volunteering at the event? Contact Kirsty MacLean 07525619967

## VOLUNTEER MANAGERS FORUM

Our next Volunteer Managers Forum is being held on Thursday 26th July, 10am - 12pm and our office in Forfar. The theme of this meeting is GDPR and we will have Angus Health & Social Care Partnership's Data Protection Officer in attendance. This is a great opportunity to meet and share ideas. If you would like to attend or be added to our mailing list please email Carol Torrance - carol@voluntaryactionangus.org.uk.



#### **DON'T FORGET..**



#### GRAEME DEY MSP

WHEN: Thursday 23rd August 4-6pm

WHERE: Tealing Hall

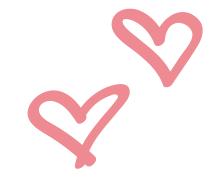
AGENDA: I am hosting a Broadband Surgery at Tealing Hall. Representatives from Digital Scotland and Angua Council will be on hand, to give support and advice. This is a drop in.

CONTACT: 01241 873058 or graeme.dey.msp@parliament.scot

## CHEST HEART AND STROKE SCOTLAND

Are you living with a chest, heart or stroke condition? Or perhaps you have a loved one or a friend living with one of these conditions? If so then you can help Chest Heart & Stroke Scotland with our first ever Lived Experience Survey.

I in 5 people are living with the effects of our conditions. We want to highlight the issues that are most important to the people at the heart of the work that we do. Our mission is to create a Scotland where no life is half lived. We want people to live their lives to the full. To have your voice heard and to take part in the first survey of its kind please visit: www.chss.org.uk/surveys





#### HOSPITALFIELD

A series of walks and events that exploring local landscapes. Enjoy being outside and getting active at an enjoyable pace? Then this is for you. Find out more & get in touch:

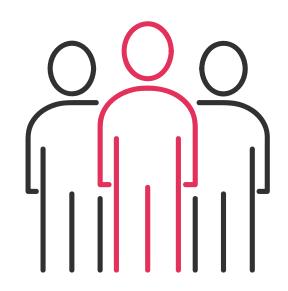
www.hospitalfield.org.uk/volunteer/meand er - 01241 656 124 / volunteer@hospitalfield.org.uk

#### **DON'T FORGET...**

## ANGUS LONG TERM CONDITION SUPPORT GROUP

ALTCSG host meetings monthly in different locality areas. All are welcome to attend and costs £1 per meeting.

JUL 25 / Parkview Medical Centre 2-4pm PMR & GCA by Lorna Neill





## ANGUS CLOTHING BANK

WHEN: Every Tuesday 1.30pm - 3.00pm

WHERE: St Johns Methodist Church (15 Ponderlaw Street, Arbroath)

Angus Clothing Project is an adult clothes bank for those who are homeless, low or no income, have little or no possessions (donations welcome)

## FORFAR MUSICAL SOCIETY

PRESENTS.. Sister Act - a Divine Musical Comedy.

28th -- 31st August 2018 Reid Hall Forfar Tickets priced from £9 & £12 at COLIN M SMITH or ticketsource.co.uk/forfarmusical



#### FUNDING

#### **Austin and Hope Pilkington Trust**

This Trust supports projects focusing on:

homelessness;

domestic abuse:

prisoners/offenders;

training and education;

counselling and support;

activities for those who have limited access or opportunities.

The fund priorities change on 1st January every year. The 2018 priority is medical (not research) and community.

#### Please note the deadline for applications is 31st July 2018.

https://austin-hope-pilkington.org.uk/

#### Filmbank Media - Innovation Fund 2018

The aim of the Filmbank Media Innovation Fund is to enable two new film societies or community screening groups to make a real impact within their community through the medium of film. Examples of how the Fund could be used may include special film screening programmes for seniors or youth groups; launching film workshops; for screening equipment; delivering a marketing initiative or to implement educational programmes in local schools.

#### Please note the deadline for applications is 31st July 2018.

https://www.filmbankmedia.com/licences/stsl/innovation-fund/

#### **Scottish Government - Building Scotland Fund**

The Building Scotland Fund is a £150 million fund which helps:

- the development of new affordable and private sector housing;
- the development of modern industrial and commercial property;
- support industry-led research and development.

**Funding is only available up to March 2021** so is best used to help projects that are at a later stage of development. This means funding is unlikely to be available if your project is at a concept stage.

https://www.mygov.scot/building-scotland-fund/



If there was anything you would like to add to the bulletin please contact Ben at ben@voluntaryactionangus.org.uk. VAA is a Company limited by guarentee - Scottish Charity No. SC032830, Scottish Company No. SC248473.